



Chester & North Wales CTC Caer a Gogledd Cymru.

The Bickerton Challenge Ride,

Supporting

Help for Heroes.

The Bickerton Challenge Ride, to be held on 25th July 2010, is a tough 104-mile ride into Wales, with over 10,300 ft of climbing which will test even the fittest riders.

Are you up to it? It will challenge you, very hard, for a few hours, but is nothing compared with the life-long challenges facing many of our severely wounded and maimed service personnel. There are also two relatively easy rides of 50 and 30 miles.

The purpose of this challenge is to raise funds for

Help for Heroes,

a military charity run specifically to help mentally and physically damaged servicemen and women recover from their injuries, and to face their future with more assurance than they might otherwise expect. For more details about this charity visit: www.helpforheroes.org.uk

As a rider in this event, you will pay a registration fee of £20 and raise money by obtaining sponsorship; there is no set amount, but the more you raise, the greater the help to our wounded soldiers. For this you will have a route sheet, a certificate, the services of a sagwagon should you need it and a two-course meal when you return.

There are two prizes, each of £50. The first is for the rider, who by 31st August 2010, has paid in the most sponsorship money, and the other is for the Club or CTC Group team, which has the greatest number of riders who complete the A ride.

Above all, you will have the immense satisfaction of knowing that your efforts will be of great help to our wounded warriors, of whom we can all be very proud.

For details visit: <http://www.ctcchesterandnwales.org.uk/events2010.html>

Or **Phone: 01829 770 224**

Or **Email: diamentina@sky.com**

These Rides are supported by **THE BIKE FACTORY.**